


2SLGBTQ+

Resource Directory



The Inter-Cultural Association of Greater Victoria (ICA) is committed to serving 2SLGBTQ+ immigrants and refugees and working to create a more welcoming, inclusive community. This directory provides some of the many services and programs available in Greater Victoria. For more information about ICA, visit us online at www.icavictoria.org

1

Victoria and Vancouver 2SLGBTQ+ Organizations

Newcomer/ Refugee 2SLGBTQ+ Resources

Inter-Cultural Association of Greater Victoria (ICA)

Provides settlement support, English classes, employment support, and more to newcomer immigrant and refugees in Victoria.

 102-808 Douglas Street, Victoria, BC V8W 2B6

 250-388-4728

 <http://www.icavictoria.org>

The Q+ Crew: a mental health support group at ICA for 2SLGBTQ+ newcomers/BIPOC youth

Rainbow Refugee

Based in Vancouver. Rainbow Refugee supports 2SLGBTQ+ people seeking protection in Canada.

 <https://www.rainbowrefugee.com>

MOSAIC

Provides settlement services and supports for newcomers in Vancouver/ Lower Mainland.

The **I Belong Program** is a social and mental health program for 2SLGBTQ+ refugees and immigrants to build skills, connections, and confidence.

 <https://www.mosaicbc.org/services/settlement/lgbtq>

Victoria Immigrant and Refugee Centre Society

Provides settlement support, employment support, and more to newcomer immigrant and refugees in Victoria.

 1004 North Park St, Victoria, BC, V8T 1C6

 250-361-9433

 <http://www.vircs.bc.ca>

Physical / Mental Health Support

Ambit Gender Diversity Counselling

Consulting agency that helps with implementing organizational change for organizations to be more inclusive of trans, gender diverse, and two-spirited people.

 <https://www.ambitgenderdiversity.com>

 info@ambitgenderdiversity.com

Foundry

Provides wellness and healthcare services for 2SLGBTQ+ youth ages 12-24, including sexual health, trans care, and more.

 Located at 880 Douglas St

 <https://foundrybc.ca/virtual/youth-groups>

 **250-383-3552**

Island Sexual health

Provides sexual health services, including education programs, products, and medical support to all genders, orientations, identities, and abilities.

 <https://www.islandsexualhealth.org>

 **250-592-3479**

AVI (AIDS Vancouver Island)

Provides support to individuals affected by HIV, HCV, and substance use.

 <http://avi.org>

 **250-384-2366**

Men's Therapy Centre

Provides access to counselling for male-identifying folks seeking support for mental health.

 <http://www.menstrauma.com>

 info@menstherapycentre.ca

 **250.381.6367**

2

Community Building and Drop-In Programs

Victoria Pride Society

Great resource hub for 2SLGBTQ+ events and resources. Hosts events such as Pride Week. Often takes volunteers for different events that happen in the community.

 <https://victoriapridesociety.org/youth-resources>

 <https://victoriapridesociety.org/vps-events>

 info@victoriapridesociety.org

Queer Café Virtual Group Offering

2SLGBTQ+ youth meet every Thursday evening between 6:00 pm and 7:00 pm over Zoom for activities, games, workshops and conversation in a supportive, inclusive environment.

 To register: online@foundrybc.ca

South Island Gender Variant Drop In Group

Monthly drop in for individuals in the Southern Vancouver Island area.

 <https://m.facebook.com/southislandGVDI>

Trans Tipping Point

Group of trans youth artists (ages 10-18), focused on art and writing.

 <https://victoriapridesociety.org/the-trans-tipping-point>

Queer Peers Youth Training Series

Queer Peers is a collective of queer, trans, and non-binary youth who do two months of training, followed by two months of planning and implementing a community project.

 <https://www.facebook.com/AVI.queerpeers>

Queerabilities Drop-In

Online weekly check-in for folks in the 2SLGBTQ+ community who also live with mental and/or physical disability(ies)/chronic illness(es) and/or identify as disabled, regardless of formal or self-diagnosis.

 <https://www.facebook.com/Queerabilitiesvic>

 marshall.kilduff@avi.org

Gender Spectacular

Monthly drop-in for families and youth ages 12 and under at Saanich Neighborhood Place.

 <https://www.facebook.com/genderspectacular>

 support@genderspectacular.com

3

LGBTQ+ Counsellors in Victoria

Joban Dhanoa

 <http://www.marigoldcounsellingbc.com/contact>

 marigoldcounselling@gmail.com  **250-885-4307**

Danelle Barnard (Outside the Box Counselling)

 transformingqueeries@gmail.com  **778-678-2293**

Jude Marleau

 <https://www.judemarleau.com>

 judemarleauvictoria@gmail.com  **250-889-4930**

4

Facebook/ Online Resources

Jobs for Queers Victoria

 <https://www.facebook.com/groups/242198126153917>

Queer Housing Victoria

 <https://www.facebook.com/groups/1582515768679591>

Queer Outdoors – Victoria / Vancouver Island

 <https://www.facebook.com/groups/lgbtq.outdoors.victoria.bc>

LGBTQ+ People of Colour / Newcomers Group

 <https://www.facebook.com/groups/888870634827335>

Empty Closets

Online monitored forum for all ages of LGBTQ+ individuals looking to connect to others.

 <https://forum.emptyclosets.com/index.php>

5

Parent Support


PFLAG Canada

PFLAG Canada is a national charitable organization, founded by parents who wished to help themselves and their family members understand and accept their 2SLGBTQ+ children.

 <https://www.facebook.com/PflagVictoriaBC>

 <https://www.stjohnthedivine.bc.ca/justice-action/pflag-victoria>

 victoriabc@pflagcanada.ca

 Meetings: 3rd Sunday of each month, 2-4 pm (except July and August) at St. John the Divine at Quadra & Mason in Victoria BC.

Gender Spectacular Parent Support Group

Monthly Support Group for Parents and Families of Trans and Gender Diverse Children and Youth.

 supportgroup@genderspectacular.com

Outside the Box Counselling Parent Resources

 <https://outsidetheboxcounselling.ca/resources-parents-of-lgbtq-youth>

Qmunity.ca Parent Resources

 <https://qmunity.ca/get-support/youth/parents>