

Parent and Baby Classes



Join our group for parents of newborns. Learn about life with a baby, infant growth and development, baby care, adjusting to parenting, and parent health and wellness.

Time & Dates:

Wednesdays, 10:00am – 11:30am
November 1, 8, 15, 22, 29

Eligibility

Participants must...

- Have one of the following immigration statuses:
 - Permanent Resident
 - Temporary Resident (CUAET)

Location:

ICA (808 Douglas Street, Victoria)
Room 425, 4th Floor

To register or for more information, contact:

Salma Ihsan, Training Coordinator
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