

**Mental health, culture, sexuality and gender in a new country can feel like a lot to handle. At the Q+ Crew, we are stronger together!**

Join our support group to meet new people, make friends and get the support you need with LGBTQ2S+ volunteers and immigrant, refugee and BIPOC youth (18-30 years old).

**Facilitators:** Joban Dhanoa, Counsellor / Facilitator  
Robin McGeough, Gender Equity + Sexual Orientation Coordinator  
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# The Q+ Crew

IT'S OK 2 B U WITH THE Q+ CREW

**Location: ICA Offices (102-808 Douglas Street)**

Dates: September 26, October 10, 24, November 7, 21, December 5

Time: 6:00 pm - 8:00 pm



*We gratefully acknowledge the support of Pride Run Foundation for funding this program.*

Please note this is not a drop-in program. Registration with the is required. COVID-19 safety measures will be in place.