

# Prenatal Classes



**Join our class hosted by an Island Health Nurse. Together, we'll learn about having a healthy pregnancy, labour and birth, and how to care for a newborn.**

## Time & Dates

Mondays, 10:00am – 11:30am  
April 15 - May 13

## Eligibility

Eligible participants are:

- Permanent Residents
- Ukrainian refugees (on CUAET or similar special program status for Ukrainians)

## Location

ICA (808 Douglas Street, Victoria)  
Room 425, 4th Floor

**To register or for more information, please contact**

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