

Creativity for Calmness



Join our adult art workshop. This is a safe, relaxing environment to de-stress, learn about art, and practice English. Activities will include rock paintings, paint chip art, watercolour, and more!
No previous art experience is necessary.

Time & Dates:

Every Wednesday
11:30am – 12:30pm
January 15 – March 12

Eligibility

Eligible participants are:

- Permanent Residents
- Ukrainian Refugees under CUAET

Location:

ICA (808 Douglas Street, Victoria)
Classroom 427, 4th Floor

To register or for more information, please contact:

Doreen Mavandad (she/her)
workshops@icavictoria.org
250-388-4728 ext. 2290

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