

# Men's Circle



Participate in activities and learn new skills with other men. Learn new ways to take care of yourself and others.

## Time & Dates:

Every Second Wednesday  
6:00pm – 8:00pm  
January 22, February 5, 19, March 5

## Eligibility

Eligible participants are:

- Permanent Residents
- Ukrainian Refugees under CUAET

## Location:

ICA (808 Douglas Street, Victoria)  
Room 517, 5th Floor

## To register or for more information, please contact:

Glen Swarnadhipathi (he/him)  
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