

# Prenatal Class



Join our class hosted by an Island Health Nurse. Together, we'll learn about having a healthy pregnancy, labour and birth, and how to care for a newborn.

## Time & Dates:

Weekly on Wednesdays  
11:00am – 12:30pm  
April 16 – May 14

## Eligibility

Eligible participants are:

- Permanent Residents

## Location:

ICA (808 Douglas Street, Victoria)  
Room 517, 5th Floor

## To register or for more information, please contact:

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