



Inter-Cultural
Association
of Greater Victoria



Prenatal Class



Join our class hosted by a Doula.
Together, we'll learn about having a healthy pregnancy,
labour and birth, and how to care for a newborn.

Time & Dates:

Weekly on Thursdays
10:00am – 12:00pm
September 18 – October 9

Eligibility:

Permanent Residents, Work Permit
Holders, Study Permit Holders, Refugee
Claimants, Asylum Seekers, and
Naturalized Citizens

Location:

ICA (808 Douglas Street, Victoria)
Room 517, 5th Floor

To register or for more information, please contact:

Haley Smith (she/her)
hsmith@icavictoria.org
250-388-4728 ext. 2147

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