



2S/LGBTQ+

Resource Directory

*A collection of community resources for 2S/LGBTQ+ people
from diverse cultural backgrounds*

ICA stands firm in its support of the 2S/LGBTQ+ community in Victoria and around the world. As the largest Resettlement Assistance Program service provider on Vancouver Island, and the lead Private Sponsorship of Refugees program, ICA plays a key role in welcoming and providing settlement support to recently resettled 2S/LGBTQ+ refugees. Navigating a new country has unique challenges for immigrants and refugees with diverse sexualities, gender identities and expressions. From health care and housing to language classes and making friends- your needs are as unique as you are! That's where ICA can help you find the services and supports you need to be all you can be. Our staff are trained to support 2S/LGBTQ+ clients from diverse backgrounds and can help you find resources in the community to thrive.



Want to learn more about our 2S/LGBTQ+ services?

Visit: www.icavictoria.org/lgbtqaiservices

Victoria and Vancouver 2S/LGBTQ+ Organizations



Newcomer & Refugee 2S/LGBTQ+ Resources

1. Inter-Cultural Association of Greater Victoria (ICA)

Provides settlement support, English classes, employment support, and more to newcomer immigrant and refugees in Victoria.

Located: 102-808 Douglas Street, Victoria, BC V8W 2B6

Phone: 250-388-4728

The Q+ Crew: A mental health support group at ICA for 2S/LGBTQ+ newcomers/BIPOC people.
www.icavictoria.org/lgbtqaiservices

2. Rainbow Refugee

Provides support, information, and system navigation to refugees and refugee claimants seeking refugee status in Canada. Rainbow Refugee also manages the Rainbow Refugee Assistant Partnership in British Columbia.

www.rainbowrefugee.com

3. MOSAIC

Provides settlement services and supports for newcomers in Vancouver/ Lower Mainland. The **I Belong** Program is a social and mental health program for 2S/LGBTQ+ refugees and immigrants to build skills, connections, and confidence.

www.mosaicbc.org/services/settlement/lgbtq

4. Victoria Immigrant and Refugee Centre Society

Provides settlement support, employment support, and more to newcomer immigrant and refugees in Victoria.

Located: 1004 North Park St, Victoria, BC, V8T 1C6

Phone: 250-361-9433

www.vircs.bc.ca



Physical / Mental Health Support

1. Foundry

Provides wellness and healthcare services for 2S/LGBTQ+ youth ages 12-24, including sexual health, trans care, and more.

Located: 880 Douglas St.

Phone: 250-383-3552

foundrybc.ca/virtual/youth-groups

2. Island Sexual Health

Provides sexual health services, including education programs, products, and medical support to all genders, orientations, identities, and abilities.

Phone: 250-592-3479

www.islandsexualhealth.org

3. AVI (AIDS Vancouver Island)

Provides support to individuals affected by HIV, HCV, and substance use.

Phone: 250-384-2366

avi.org

4. Ambit Gender Diversity Consulting

Consulting agency that helps with implementing organizational change for organizations to be more inclusive of trans, gender diverse, and two-spirited people.

Email: info@ambitgenderdiversity.com

www.ambitgenderdiversity.com

5. Victoria Sexual Assault Centre

Provides women and all (trans) survivors of sexual violence with immediate access to non-judgmental, emotional/ psychosocial support and a continuum of care.

6. Men's Therapy Centre

Provides a Victim Services program and affordable counseling for practical and emotional support to males and those who identify as male starting at age 16.

If you wish to have support when contacting any of these services, ICA's GESD Coordinator is here to help:

Lisa Wagenknecht
lwagenknecht@icavictoria.org



Community Building and Drop-In Programs

1. Victoria Pride Society

Great resource hub for 2S/LGBTQ+ events and resources. Hosts events such as Pride Week. Often takes volunteers for different events that happen in the community.

Email: info@victoriapridesociety.org

victoriapridesociety.org/youth-resources

victoriapridesociety.org/vps-events

2. Queer Café Virtual Group Offering

2S/LGBTQ+ youth meet every Thursday evening between 6:00 pm and 7:00 pm over Zoom for activities, games, workshops and conversation in a supportive, inclusive environment.

Email: online@foundrybc.ca

3. South Island Gender Variant Drop In Group

Monthly drop in for individuals in the Southern Vancouver Island area.

m.facebook.com/southislandGVDI

4. Gender Generations Project

The Gender Generation project hosts biannual weekend retreats for Trans, Two-Spirit, Non-Binary, and other gender diverse youth.

www.gendergenerations.org

6. Queerabilities Drop-In

Online weekly check-in for folks in the 2S/LGBTQ+ community who also live with mental and/or physical disability(ies)/ chronic illness(es) and/or identify as disabled, regardless of formal or self-diagnosis.

Email: queerabilities@avi.org

www.facebook.com/Queerabilitiesvic

7. Gender Spectacular

Gender Spectacular is active with monthly parent/caregiver groups at Oaklands, plus other supports. We're part of the Trans Family Dinner, a monthly gathering for trans people and their loved ones, and a new free program for parents/caregivers and trans youth offering support and education on gender-affirming parenting.

Email: support@genderspectacular.com

www.facebook.com/genderspectacular



2S/LGBTQ+
Counsellors
in Victoria

1. Joban Dhanoa (she/her)

Email: marigoldcounselling@gmail.com Phone: 250-885-4307

www.marigoldcounsellingbc.com/contact

2. Niall Barnad (he/they)

Email: outsidetheboxcounselling@gmail.com

www.outsidetheboxcounselling.ca

3. Jude Marleau

Email: judemarleauvictoria@gmail.com Phone: 250-889-4930

www.judemarleau.com



Online Resources

Facebook Resources:

1. Jobs for Queers Victoria

www.facebook.com/groups/242198126153917

2. Queer Housing Victoria

www.facebook.com/groups/1582515768679591

3. Queer Outdoors – Victoria / Vancouver Island

www.facebook.com/groups/lgbtq.outdoors.victoria.bc

4. 2S/LGBTQ+ People of Colour / Newcomers Group

www.facebook.com/groups/888870634827335

5. Empty Closets

Online monitored forum for all ages of 2S/LGBTQ+ individuals looking to connect to others.

forum.emptyclosets.com/index.php

Instagram Resources:

@queercraftertnoon: free all ages monthly art workshops for 2S/LGBTQAI+ people

@queerislandsports: a directory of queer sports groups and events

@fruity.agenda.yyj: 2S/LGBTQ+ events calendar

@auntcollective: Indigenous creative hub with art nights (on donation) and events at their beautiful shop



Parent Support

1. PFLAG Canada

PFLAG Canada is a national charitable organization, founded by parents who wished to help themselves and their family members understand and accept their 2S/LGBTQ+ children.

Email: victoriabc@pflagcanada.ca

Meetings: 3rd Sunday of each month, 2-4 pm (except July and August)

Located: St. John the Divine at Quadra & Mason in Victoria BC

www.facebook.com/PflagVictoriaBC

www.stjohnthedivine.bc.ca/justice-action/pflag-victoria

2. Gender Spectacular Parent Support Group

Monthly Support Group for Parents and Families of Trans and Gender Diverse Children and Youth.

Email: supportgroup@genderspectacular.com

3. Outside the Box Counselling Parent Resources

outsidetheboxcounselling.ca/resources-parents-of-lgbtq-youth

4. Qmunity.ca Parent Resources

qmunity.ca/get-support/youth/parents